

## Field Hockey Calendar



Here is a general calendar of the field hockey season:

- August: Pre Season
- September - October: Regular Season Play
- November: Annual Field Hockey Banquet
- May: Spring Clinic
- January - March: Winter Team
- ??? - Indoor Clinic



eliminating racism  
empowering women  
**ywca**

YWCA of Westmoreland County  
424 North Main Street  
Greensburg, PA 15601

YWCA of Westmoreland County

## YWCA Girls' Community Field Hockey League



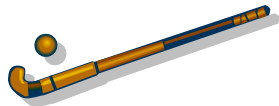
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## What is Field Hockey?

Field Hockey is a popular sport played by both men and women and is the second most played team sport in the world. It combines the skills of soccer with all the disciplines of hockey.



The modern game of field hockey originated in the 19th century England. In 1901 Constance Applebee introduced the sport to the United States. In 1922, the United States Field Hockey Association was formed. Women's field hockey became an Olympic sport in 1980.

A field hockey team consists of 11 players including a goalkeeper. The game consists of 2 halves, thirty minutes each. The ball must be dribbled down the field using the flat end of the stick. A goal is scored when an attacker strikes the ball into the goal from within the striking circle.

## YWCA Girl's Community Field Hockey League...

- Offers an established field hockey program to girls in grades 1-12 throughout Westmoreland County.
- Provides Level I and Level II teams to accommodate all age levels.
- Presents teams with an average of 20 games per season with schools such as: Ellis, North Allegheny Intermediate, Valley School of Ligonier, Allerdice, Vincentian, Shady Side Academy, Mt. Lebanon, Upper St. Clair, and Fox Chapel.
- Offers a place for all player levels to participate from beginners to advance with all girls getting a chance to play and experience the thrill of a team sport.

AND...The YWCA Field Hockey League opens up a door for players to advance to:

USFHA FUTURES Program  
Keystone State Games  
high school and college level play  
and beyond.

## YWCA Field Hockey History

**1991** ~ Field Hockey instructional classes were offered for the first time in Greensburg, Pennsylvania by the YWCA at Lynch Field on October 5<sup>th</sup>. This program was facilitated with the help of the US Field Hockey Association's Equipment Loan Program.

**1996** ~ YWCA Field Hockey Boosters Association is established.

Program is moved to Seton Hill and enough players are in the program to create the first all High School team.

**1997** ~ FIRST WINNING SEASON for the Middle School Level I team with a 6-5-1 record.

**1999** ~ FIRST WINNING SEASON for the High School team with a 7-5-2 record.

**2001** ~ First Middle School Tournament at Greensburg Salem High School; YWCA Middle School Team won!

**2005** ~ YWCA HAS FIRST EVER UNDEFEATED SEASON!

