

tai chi



Beginner's Tai Chi

Instructor: Linda Vucelich

5 Tuesdays

April 13, 27, May 11, 25 & June 8, 2010

(Every other Tuesday)

7:00 - 8:00 PM

**No experience necessary,
every other Tuesday for a relaxed feel.**

A class for beginners that will teach the fundamentals of Tai Chi including the first part of form and how it is applicable to daily living.

Fee per session: \$55+YWCA Membership (\$20/yr)

The YWCA reserves the right to cancel any program due to insufficient registration. In the event of cancellation, program fees (minus membership) will be refunded. Refunds (minus \$5 processing fee) will also be given for illness certified in writing by a physician. For a copy of the complete refund policy, contact the YWCA.

YWCA Westmoreland County

424 North Main Street • Greensburg, PA 15601

Phone: 724 834-9390 / E-Mail: Info@ywcawestmoreland.org

Web Site: www.ywcawestmoreland.org

**eliminating racism
empowering women**

ywca

-----Please Complete and Return to the YWCA-----
Beginner Tai Chi (April - June 2010, 7-8:00 PM)

Name: _____ Phone: _____

Address: _____

E-Mail Address: _____

YES Please send me E-mails about upcoming YWCA events/classes **No** I do not want to receive E-mails

Indemnity Agreement: I agree to hold the YWCA, its agents, officers, and employees, harmless from any and all liability claims, judgements, damages, or injuries to my person and/or property from any participation in this activity.

Please sign and date: _____